

Quick Guide Ambu® Man School

Setting up the training device

The Ambu Man School can be used for demonstration and training of all techniques for basic life support resuscitation.

It is intended for the instruction of students in schools under the supervision of a trainer/teacher.

1. Assembling the training device



Remove the training device from the box



Detach all straps on the back of the training device



Open the valve at the head
Add additional air volume with a syringe
Close the valve again

2. Replace the head bag



Remove the face mask, replace the head bag and reattach the face mask.

3. Disassembling the training device



Open the valve at the head
Press the air out of the head
Close the valve again



Close all straps at the back by pressing down the torso



Place the head on the torso and put the AmbuMan School back in the box

4. Cleaning of the face piece

Manual cleaning

- A. Rinse the face piece in clean water.
- B. Wash the items in warm water, max. 65 °C (150 °F). A mild detergent can be used.
- C. Rinse thoroughly in clean water to remove all traces of detergent.

Machine washing

The face pieces can be washed in an ordinary washing machine. Use a normal dose of detergent and choose a washing program with maximum temperature of 70 °C (158 °F).

Disinfection

- A. Place the items in a sodium hypochlorite solution with minimum 500 ppm freely accessible chlorine (1/4 cup of liquid household bleach per gallon (approx. 4 litres) of tap water for 10 minutes). This solution must be fresh and should be discarded after use.
- B. Place the items in a 70 % alcohol chlorhexidine solution for 2 minutes (70 % Ethylalcohol and 0.5 % chlorhexidine).
- C. Chemical disinfection can also be performed using recognised disinfectants suitable for use with polyvinylchloride (PVC). The supplier's directions on dosage and disinfection period should be closely followed.
- D. Always rinse the items in clean water after disinfection and allow to dry before storing.

Cleaning of the head and body

The head and body should be wiped using a cloth moistened in clean water.

5. Application notes

Only use a pump or syringe to inflate the head to avoid contamination of the head.

If the head collapses during use, open the head valve and re-inflate the head to a sufficient level.

Never use the manikin without a head bag, as contamination of the inside can occur.

The head bags and face pieces must be changed before use by a new trainee.

The face pieces must not be exposed to boiling, autoclaving or gas sterilisation.